

Your confidential **Employee Assistance Program (EAP)**,
and resources to support
your mental, physical, social,
and financial wellbeing.



## Access your Employee Assistance Program (EAP) 24/7 by phone, web or mobile app.

- Download the TELUS Health One app or visit one.telushealth.com
- Log in with the username and password below: Password:

Online:

Username:

Call us:





