



MSRP Biometric Screening

What is the MSRP Biometric Screening?

The MSRP program was created for you (and your spouse/domestic partner) to be aware of any medical risks you may have. If you know your risks, then you can take steps to reduce potential conditions such as:

- Heart Disease
- Diabetes
- Stroke

What does the screening check for?

The screening is an assessment of 5 factors that affect your health and predict your risk for certain conditions.

These risk factors are:

- Blood Pressure
- HDL Cholesterol (Good Cholesterol)
- Triglycerides (Fat in the Blood)
- Glucose (Blood Sugar)
- Body Mass Index (BMI)

What are the Measurements of the MSRP Biometric Screening that Indicate a Risk Factor?

Blood Pressure

Systolic - Equal to or greater than 130
Diastolic - Equal to or greater than 85

HDL Cholesterol

Below 40 mg/dL in males
Below 50 mg/dL in females

Triglycerides

Equal to or greater than 150 mg/dL

Glucose

Equal to or greater than 100 mg/dL

Body Mass Index

Equal to or above 30

How do I read my MSRP results from Quest?

Quest will email you when your results are ready to be viewed. Use the link in the email to login to your Quest account and select “View Your Results” to see a comprehensive report of your results. This report includes an explanation of what the different metrics measure and what the results mean for you.

To confirm if you earned the MSRP Biometric Credit, select “View Your Rewards” to access a summary of your results. The 5 risk factors that AutoNation screens you for are included in the top section of the report “My Rewards” section on Quest’s website under the (MetS AutoNation section).

Anything indicated with a red exclamation mark is a risk factor (failed metric). Anything with a green check mark is metric that was within the allowable limit.

If you have three (3) green check marks no additional action is required. If you have three (3) red exclamation marks, you must contact Highmark to complete your Health Advisor Call before the deadline to earn the MSRP credit.

You may schedule a call with a MSRP Health Advisor by visiting this link <https://screenings.integratedhealth21.com/signup/autonation>.

A MSRP Health Advisor will call you at the scheduled date and time!

	YOUR RESULT	TARGET	REWARD
Blood Pressure		Less than 130 And Less than 85	!
HDL Cholesterol		Greater/Equal to 40 mg/dL	✓
Triglycerides		Less than 150 mg/dL	✓
Glucose		Less than 100 mg/dL	✓
Body Mass Index (BMI)		Less than 30 (calc)	✓

	YOUR RESULT	TARGET	REWARD
Coach Call			Reward: None !
Coaching Call		Coaching Call Completion	!
Second Coaching Call			Reward: None !

Sample results for an associate that has only 1 risk factor.

Failed Metric

Passed Metric

- This section may appear red even if you do not need to complete the Health Advisor call. Please disregard and use the section above to determine if you need to take action or call The Benefit Connection at 1-877-550-2363.

Note: If your spouse/ domestic partner is screened and has a red exclamation point displaying for cotinine, they must complete the tobacco use alternative. See [KnowYourBenefits.org](https://www.knowyourbenefits.org) for additional details.