



## TELEMEDICINE

### Telemedicine Lets You Schedule a Virtual Doctor's Visit - When and Where You Need It

Need medical advice or treatment? Have a sick child with an earache and can't wait for an appointment? Now you, your covered spouse and covered dependents can schedule an immediate virtual office visit with a medical or mental health professional through Amwell:

- You can download the app or go online and register to create your account.
- You can choose the type of service you need - medical or mental health.
- You can choose doctors by looking at their profiles and selecting the one that's right for you.
- You'll enter your health information and the reason for your visit, and then begin your live video chat.

After you complete your virtual visit, you can view the doctor's notes and the diagnosis, and any prescribed medications will be automatically sent to your pharmacy.

**For urgent care, the cost is the same as seeing your primary care provider. For mental health services, the cost is the same as seeing a specialist!**

Virtual visits help make care more convenient and comfortable for you and your covered dependents.

**Learn more about Amwell telemedicine, including services covered under each Blue Cross option, by calling MyQHealth at 1-888-979-7677.**